

HNHB Regional Aphasia Programs

Program and Referral Information



Adult Recreation
Therapy Centre
APHASIA PROGRAM
Brant, Haldimand, Norfolk

Tel: 519-753-1882 ext.104
www.artc.ca



Halton-Peel Community
APHASIA PROGRAMS
Halton-Peel Community
APHASIA PROGRAM
Burlington

Tel: 905-875-8474
www.h-pcap.com



Niagara
APHASIA PROGRAM

Tel: 905-984-2621
Toll free: 1-877-212-3922
www.niagararegion.ca



S.A.M.
APHASIA PROGRAM
Hamilton and Surrounding
Area

Tel: 905-525-5632
www.samprogram.ca

Our **Aphasia Programs** are intended to meet the need for **conversation, social interaction, information and support** for **people with Aphasia** and for their **families**. Our Supported Conversation Groups also offer the opportunity to **strengthen communication skills**. Groups are **NOT** a **replacement** for **individual speech therapy** but a **complement**. The **goal** of the Aphasia Program is for group members to **participate actively in conversation** using a variety of communication strategies. **Speech-Language Pathologists, Social Workers, Communicative Disorders Assistants and trained volunteers** are involved with the Aphasia Programs to help make communication easier.

A typical session may include:

- Discussing current events and expressing opinions
- Sharing life stories and events
- Activities that focus on **conversation skills** using a variety of modes including speech, gestures, facial expression, writing, drawing and reading, to **more effectively express and understand messages in conversation**
- Supporting one another to **develop skill and confidence** in communicating

*Please note there may be **individual differences** between programs.

At this time, **most groups** are being **held virtually**.

Virtual groups are held **online** via **computer** or **phone**. Groups **do not** meet in person at a physical location; they are connected through technology.

Eligibility Criteria for Virtual Groups:

- Adults 18 years or older
- Varied severities/types of **Aphasia** due to stroke or injury to the brain e.g. Acquired Brain Injury (ABI), Primary Progressive Aphasia (PPA), tumour
- Individuals must be medically stable and living in the community.
- Willingness to participate in Supportive Conversation Groups to improve communication
- Demonstrate **appropriate behavior** in a social group setting for the duration of the program
- **No/minimal cognitive difficulties**
- Access to communication technology (i.e., computer, tablet, or smartphone) and **internet connection**
- Ability to use device and virtual group platform (e.g., Zoom) OR, if needed, access to a **support person** to assist with use of technology (Note: some remote support can be provided by program staff)

If you have any **questions** about the referral process, criteria for admission or the program, please contact the Aphasia Program in your area.