

## Burlington Adult Day Service Integrated Programs

Integrated ADS Programs are intended for older adults who may be frail and cannot participate in community based recreational programs. Adults who attend Integrated Programs may be socially isolated, or need personal care support due to a chronic condition such as stroke, Parkinson's Disease, diabetes, and/or early to moderate stages of dementia.

Programs provide social, recreational, cognitive and physical activities in a structured and supervised setting. Services include a nutritious meal, refreshments, medication reminders and personal care assistance. All programs offer a senior based daily exercise program designed to promote physical well-being and optimize health. Refer to the chart below for additional services offered at each site. ADS Programs will facilitate transportation services as available.

<b>Integrated Programs</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**Check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift Transfer	Secured Environment	Senior Fitness Facility	Pool Program	Additional Services Available
<a href="#"><u>Joseph Brant Wellness House</u></a>  Phone: (905) 632-5358	Burlington	9:30 to 3:00	M - F (1 Sat/ Month)	Y				Y	Y	Y			Y		Occupational Therapy Physical Therapy Foot care Hairdressing
<a href="#"><u>SAM Flamborough</u></a>  Phone: (905) 689-5244	Waterdown	8:30 to 4:00	T - F	Y	Y	Y	Y	Y	Y	Y			Y		Accessible Computer Lab Program, OTS 2 Go, Seating/Mobility Clinic

**Burlington Adult Day Service Alzheimer Disease/ Dementia Programs** (For persons with moderate to advanced dementia)

**Alzheimer Disease/ Dementia** Programs are intended for adults who have a moderate or advanced dementia and require frequent cuing, direction, and supervision. Specialized Programs offer small group settings and constant staff support and supervision. Staff offer assistance with behavioral habits, provide guidance and cuing during all activities and help with personal care needs.

Programs include social, recreational, cognitive and physical activities within a secure and locked facility so that participants are safe from wandering outside of the Program.

Services provided will include a full course hot meal, refreshments, medication reminders and personal care assistance. All offer a senior based daily exercise program designed to promote physical well-being and optimize health.

Financial assistance with the Program fee may be available to individuals who qualify. ADS Programs will facilitate transportation services as available. Refer to the chart below for additional services offered at each site.

<b>Alzheimer Disease/ Dementia</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**Check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (Staff assisted)	Mechanical Lift Transfer	Secured Environment	Additional Services Available
<a href="#">Acclaim Health</a>  Phone: (905) 632-8168	Burlington	8:30 to 5	M - F	Y		Y		Y	Y	Y		Y	Foot Care  Caregiver Support & Education

## Burlington ADS Specialized Programs: for persons with Aphasia

### **Burlington Adult Day Service Aphasia Programs**

In addition to standard ADS services provided, the following agencies offer programs for persons with **aphasia**.

<b>Aphasia Programs</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**Check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift Transfer	Secured Environment	Comments
<a href="#"><u><b>SAM Aphasia Program</b></u></a> Supported Conversation Groups Phone: (905) 689-5244	Waterdown	8:30 to 4:00	M	Y	Y	Y	Y	Y	Y	Y			Must be a registered client of SAM Program to attend the Aphasia Program
<a href="#"><u><b>Wellness House Aphasia Program</b></u></a> Supported Conversation Groups Phone: (905) 632-5358	Burlington	1:00 to 3:00	TH	Y				Y	Y	Y			Must be a registered client of Wellness House to attend the Aphasia Program