

## Hamilton Adult Day Service Integrated Programs

Integrated ADS Programs are intended for older adults who may be frail and cannot participate in community based recreational programs. Adults who attend Integrated Programs may be socially isolated, or may need personal care support due to a chronic condition such as stroke, Parkinson's Disease, diabetes, and/or early to moderate stages of dementia.

Programs provide social, recreational, cognitive and physical activities in a structured and supervised setting. Services include a nutritious meal, refreshments, medication reminders and personal care assistance. All programs offer a senior based daily exercise program designed to promote physical well being and optimize health. Refer to the chart below for additional services offered at each site. ADS Programs will facilitate transportation services as available.

<b>Integrated Programs Agency Profile</b>	Locations	Program Hours	Program Days	**check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift	Secured Environment	Senior Fitness Facility	Pool Program	Additional Services Available
<a href="#"><u>Boys and Girls Clubs of Hamilton Adult Day Program</u></a> (905) 549-2815	East Hamilton	8:30 - 2:30 pm	M - F	Y		Y		Y	Y	Y					Agency Transportation
<b>Macassa Lodge</b> Adult Day Program <b>Phone:</b> (905) 546-2800 ext 1627	East Mountain	8:30 - 4:30 pm	M - F	Y		Y		Y	Y	Y		Y			Secure facility Dementia programming, Hair Salon, foot care. Caregiver Support, Counselling & Education group
<b>Mountberry</b> Adult Day Services <b>Phone:</b> (905)573-0635, ext 25	East Mountain	9:30 – 3 pm	M - F	Y		Y		Y	Y						Agency Transportation Available ; Foot care and chaplaincy (optional).
<a href="#"><u>SAM Program</u></a> Central/East/ Flamborough	Central East & West	8:30 – 4 pm	M - F	Y	Y	Y	Y	Y	Y	Y			Y Flam		<b>Aphasia Conversation Programs</b> Accessible Computer & Gym Programs

<b>Integrated Programs</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift	Secured Environment	Senior Fitness Facility	Pool Program	Additional Services Available
<a href="#"><u>Goldie's Place at Shalom Village</u></a>	West Hamilton	9 - 3 pm	M - F	Y		Y		Y	Y	Y		Y	Y		
<b>St. Joseph's Villa</b> Adult Day Program	Dundas	8:30 – 6 pm	M - F	Y		Y	Y	Y	Y	Y	Y	Y	Y	Y	SIM GYM, Clinics: foot, ENT, Dermatology, bathing
<b>VON HNHB King St. E</b> Adult Day Program (905) 393-7887	Hamilton	9 - 4	Mon - Sat	Y	Y	Y	N	Y	Y	Y	N	Y	N	N	French language program; Bilingual staff on site.

## Hamilton Adult Day Service Alzheimer Disease/Dementia Programs (For persons with moderate to advanced dementia)

**Alzheimer Disease/Dementia Programs** are intended for adults who have a moderate or advanced dementia and require frequent cuing, direction, and supervision. These programs offer small group settings and constant staff support and supervision. Staff offer assistance with behavioral habits, provide guidance and cuing during all activities and help with personal care needs.

Programs include social, recreational, cognitive and physical activities within a secure and locked facility so that participants are safe from wandering outside of the Program.

Services provided will include a full course hot meal, refreshments, medication reminders and personal care assistance. All offer a senior based daily exercise program designed to promote physical well being and optimize health.

Financial assistance with the Program fee may be available to individuals who qualify. ADS Programs will facilitate transportation services as available. Refer to the chart below for additional services offered at each site.

<b>Alzheimer Disease/ Dementia Programs</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift Transfer	Secured Environment	Additional Services Available
<b>Meadowlands</b> Adult Day Services <b>Phone:</b> (905)573-0635 ext 25	Ancaster	10 – 4	M - F	Y		Y		Y	Y	Y		Y	Foot care and chaplaincy (optional).
<a href="#">St. Joseph's Villa</a> Special Needs Day Program <b>Phone:</b> (905)627-9011 ext 2325	Dundas	8:30 - 6:00 pm	M - F	Y		Y	Y	Y	Y	Y		Y	SIM Gym, Clinics on site for foot care, dermatology, wound care, bathing, salon
<b>VON HNHB</b> Adult Day Program <b>Phone:</b> (905)523-1055 ext 402	Central Hamilton	8:30- 4:30pm Sat: 9:00- 4:00pm	M - S	Y	Y	Y	Y	Y	Y	Y	Y	Y	<b>Overnight Respite Stay- \$38.00</b> 4:00pm-:4:00pm Caregiver Support Counseling & Education Services

## Hamilton ADS Specialized Programs:

### for persons with Heavy Physical Needs, Aphasia, Acquired Brain Injury

#### **Hamilton Adult Day Service Heavy Physical Needs Program**

This program is intended for adults who are generally cognitively well, but have heavy physical care needs which require one to one staff assistance. This site has mechanical lifts available for assistance with transfers. The program is designed to meet the complex physical care needs of clients while they participate in social, recreational, cognitive and physical programs in a structured and supervised setting.

Services provided will include a full course hot meal, refreshments, medication reminders, personal care assistance and a daily exercise program designed to promote physical well-being and optimize health.

Financial assistance with the Program fee may be available to individuals who qualify. The provider will facilitate transportation services as available. Refer to the chart below for additional services offered.

<b>Heavy Physical Needs Agency Profile</b>	Locations	Program Hours	Program Days	**check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift Transfer	Secured Environment	Additional Services Available
<a href="#"><u>St. Joseph's Villa</u></a> Day Program	Dundas	8:30 - 6:00 pm	M - F	Y		Y	Y	Y	Y	Y	Y		<b>SIM Gym access,</b> Clinics: foot, ENT, Dermatology, bathing

## Hamilton Adult Day Service Aphasia Program

<b>Aphasia Programs</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift Transfer	Secured Environment	Additional Services Available
<a href="#">SAM Aphasia Program</a> Supported Conversation Groups	East & West	8:30-4:00pm	Mon Tue Thur	Y	Y	Y	Y	Y	Y	Y			Y

## Hamilton Adult Day Service Acquired Brain Injury Program

<b>Acquired Brain injury (ABI) Program</b>  <b>Agency Profile</b>	Locations	Program Hours	Program Days	**check with agency** Daily Fee	Staffing RN/RPN	Feeding	Tube Feeding	Special Diets	Incontinence Care	Catheter/Colostomy Care (staff assisted)	Mechanical Lift Transfer	Secured Environment	Additional Services Available
<b>VON HNHB</b> Acquired Brain injury (ABI) Program <b>Phone:</b> (905) 523-1055 ext 402	Central Hamilton	8:30 – 4:30pm	W	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y